

10 K Run

Overall Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Gabbie Bates	Hesperia MI	14	315	20	45:45.0	7:23/M	

Overall Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	James Lanciaux	Fremont MI	18	359	1	34:44.8	5:36/M	

Overall Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Vicki Cox	North Muskegon MI	40	404	22	46:29.8	7:30/M	

Overall Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jim Lanciaux	Fremont MI	47	222	10	39:00.9	6:17/M	

Age Group Results

July 25, 2009

10 K Run**Men 14 and Under**

Record: James Lanciaux

Year: 2005 Time: 34:22.9

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Marcus Thompson	Newaygo MI	11	101	45	53:42.4	8:40/M	

Women 15 to 19

Record: Heidi Johnson

Year: 2003 Time: 38:49.8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Joy Caris	Vestaburg MI	18	342	34	50:23.7	8:08/M	
2	Cassandra Thompson	Newaygo MI	18	100	58	1:01:05.7	9:51/M	10:42.0

Men 15 to 19

Record: James Lanciaux

Year: 2007 Time: 32:16.8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Nathan Meeuwenberg	Hudsonville MI	17	109	3	37:03.0	5:59/M	
2	Seph Dabrowski	Okemos MI	15	79	6	38:00.1	6:08/M	0:57.1
3	Jacob Featherstone	Fremont MI	16	322	7	38:13.1	6:10/M	1:10.0
4	Charlie Fias	Fremont MI	16	350	8	38:31.2	6:13/M	1:28.2

Women 20 to 29

Record: Stacy Harris

Year: 1994 Time: 39:41.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Tracey Allers	White Cloud MI	22	5	28	48:51.0	7:53/M	
2	Jennifer Seabolt	Fremont MI	26	371	39	51:34.7	8:19/M	2:43.6
3	Rebekah Kauffman	Newaygo MI	20	408	51	55:48.2	9:00/M	6:57.2
4	Amanda Irwin	Fremont MI	26	254	63	1:03:02.6	10:10/M	14:11.6

Men 20 to 29

Record: Thad Karnehm

Year: 1991 Time: 33:00.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Walter Aslakson	Holton MI	27	345	9	38:43.1	6:15/M	
2	Ben Irwin	Fremont MI	26	253	62	1:03:01.9	10:10/M	24:18.8

Women 30 to 34

Record: Gayle Kuipers

Year: 1998 Time: 41:55.1

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Sarah Smith-Simpson	Rockford MI	34	290	37	50:51.4	8:12/M	
2	Liz Luchies	Fremont MI	30	186	56	57:47.7	9:19/M	6:56.3
3	Tracy Elders	Whitehall MI	33	264	59	1:01:06.4	9:51/M	10:15.0

Age Group Results

July 25, 2009

10 K Run**Men 30 to 34**

Record: Dean Wheater

Year: 1993 Time: 34:06.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Benji Walker	Fremont MI	34	34	4	37:18.5	6:01/M	
2	Don Sanders	Madison WI	33	379	12	41:53.3	6:45/M	4:34.8
3	Jason Dekuiper	Fremont MI	30	143	23	47:11.1	7:37/M	9:52.5
4	Mike Breidinger	Sumner MI	33	331	24	47:13.1	7:37/M	9:54.6
5	Don Sokolow	Grand Haven MI	34	117	26	48:05.1	7:45/M	10:46.6
6	Ryan Devries	Comstock Park MI	31	104	35	50:26.4	8:08/M	13:07.8
7	Ashley Culp	Rothbury MI	31	366	36	50:50.6	8:12/M	13:32.1
8	Lloyd Walerezyk	Newaygo MI	32	412	38	51:01.6	8:14/M	13:43.1
9	David Mercer	Fremont MI	31	152	40	51:47.1	8:21/M	14:28.6

Women 35 to 39

Record: Jeanne Dykman

Year: 2008 Time: 39:26.8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kelley Jo Petersen	Muskegon MI	38	115	29	48:58.2	7:54/M	
2	Tracey Crowley	Fremont MI	39	25	42	53:01.4	8:33/M	4:03.2
3	Delynne Siggaard	Muskegon MI	38	248	47	54:55.6	8:51/M	5:57.4
4	Sue Ray	Rockford MI	38	356	48	55:01.0	8:52/M	6:02.8
5	Donna Sokolow	Grand Haven MI	35	118	49	55:09.8	8:54/M	6:11.6
6	Lisamarie Davis	Grand Haven MI	37	67	57	58:42.7	9:28/M	9:44.5
7	Heather Vanwye	Whitehall MI	36	392	66	1:05:34.4	10:35/M	16:36.2

Men 35 to 39

Record: Jim Lanciaux

Year: 2000 Time: 35:57.9

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Bob Bates	Hesperia MI	37	316	2	36:13.2	5:50/M	
2	Cliff Somers	Fremont MI	38	433	5	37:30.6	6:03/M	1:17.4
3	Paul Schlaff	North Muskegon MI	37	59	11	39:36.4	6:23/M	3:23.1
4	Greg Gould	Muskegon MI	39	382	21	46:15.3	7:28/M	10:02.1
5	Lonnie Rodriquez	White Cloud MI	37	10	41	52:01.0	8:23/M	15:47.8
6	Andrew Smith	Rockford MI	39	184	54	56:58.0	9:11/M	20:44.8

Women 40 to 44

Record: Debbie Lanciaux

Year: 2004 Time: 43:38.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Julie Kraley	Fremont MI	43	249	33	49:58.4	8:04/M	

Age Group Results

July 25, 2009

10 K Run**Men 40 to 44**

Record: Brad Kahrs

Year: 2000 Time: 35:14.7

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Mark Mansfield	Muskegon MI	40	346	19	44:38.3	7:12/M	
2	Rich Kraley	Fremont MI	42	348	31	49:40.4	8:01/M	5:02.1
3	John Moore	Morley MI	40	398	32	49:45.6	8:01/M	5:07.2
4	Wayne Kauffman	Newaygo MI	42	413	44	53:41.4	8:40/M	9:03.1
5	Lindsay Hager	Fremont MI	44	36	46	54:37.5	8:49/M	9:59.1

Women 45 to 49

Record: Christy Johnson

Year: 1996 Time: 45:15.8

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Terrie Clink	Fremont MI	49	368	52	56:19.8	9:05/M	

Men 45 to 49

Record: Jim Lanciaux

Year: 2008 Time: 37:25.9

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	John Adams	Muskegon MI	48	257	13	42:24.9	6:50/M	
2	Mark Hyrns	White Cloud MI	45	230	14	42:34.4	6:52/M	0:09.4
3	Timothy Cygeirt	Fremont MI	48	141	15	43:28.6	7:01/M	1:03.7
4	Don Klingel	Grant MI	49	357	18	44:22.3	7:09/M	1:57.3
5	William Oosse	Grand Rapids MI	48	365	43	53:41.1	8:40/M	11:16.2

Men 50 to 54

Record: Joe Wolters

Year: 1993 Time: 38:08.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Eric Hinderleider	Muskegon MI	51	28	27	48:37.5	7:50/M	
2	Kevin Healy	Ludington MI	52	70	60	1:01:49.2	9:58/M	13:11.7
3	Kevin McClurken	North Muskegon MI	52	43	65	1:03:58.0	10:19/M	15:20.5

Women 55 to 59

Record: Linda Fleeger-Borck

Year: 2006 Time: 45:41.5

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Kris Cadwell	Okemos MI	57	80	50	55:38.2	8:58/M	
2	Doreen Stockwell	Orlando FL	55	275	64	1:03:05.2	10:10/M	7:27.0

10 K Run

Men 55 to 59

Record: Joe Wolters

Year: 1994 Time: 37:28.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Don Correll	Muskegon MI	59	38	16	44:13.3	7:08/M	
2	Ken Abbott	Fremont MI	57	231	17	44:18.4	7:09/M	0:05.1
3	Timothy Sneller	Grand Rapids MI	56	54	25	47:58.0	7:44/M	3:44.6

Female 60 to 64

Record: Diana Abbanas

Year: 2007 Time: 52:58.7

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jeanne Patrick	Hesperia MI	62	86	67	1:07:00.0	10:48/M	

Male 60 to 64

Record: Joe Wolters

Year: 2001 Time: 42:14.0

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Matt Britton	Rothbury MI	64	6	30	49:04.2	7:55/M	
2	John Patrick	Hesperia MI	63	87	53	56:54.8	9:11/M	7:50.6
3	David Theule	Ada MI	64	271	55	57:46.8	9:19/M	8:42.5
4	Roger Caris	Vestaburg MI	62	341	61	1:02:46.5	10:07/M	13:42.3

Male 65 to 69

Record: Joe Wolters

Year: 2004 Time: 43:38.7

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Roger Mulder	Holland MI	69	76	68	1:27:48.9	14:10/M	