

5 K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jeanne Wilson	Kent City	18	635	19	19:51.0	6:24/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jill Evers-Bowers	Kent City	45	531	35	21:35.6	6:58/M

5 K Run**Female 1 to 10**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Calla Miller	Fremont	9	568	56	23:21.0	7:32/M
2	Mackenzie Stitt	Fremont	9	769	102	26:13.2	8:27/M
3	Lainey Roth	Howard City	6	691	127	28:20.5	9:08/M
4	Kara Knapp	Hesperia	8	725	130	28:30.1	9:12/M
5	Zaida Hoogerhyde	Allendale	8	546	139	28:59.7	9:21/M
6	Alivia Roth	Howard City	8	690	148	29:40.9	9:34/M
7	Riley Thompson	Rockford	10	617	150	29:48.8	9:37/M
8	Klayre Callison	Newaygo	8	515	184	34:39.1	11:11/M

Female 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brooke Carrier	Spring Lake	13	755	51	22:55.5	7:24/M
2	Megan Walker	Fremont	11	631	63	23:58.5	7:44/M
3	Emily Merten	Muskegon	12	738	65	24:10.5	7:48/M
4	Emily Van Dylsen	Byron Center	11	733	85	25:10.6	8:07/M
5	Corrine Stevens	Newaygo	14	608	96	26:03.4	8:24/M
6	Emily Mack	Granger	13	764	98	26:10.2	8:26/M
7	Katy Ferris	Fremont	14	533	104	26:24.0	8:31/M
8	Avley Hentschel	Whitehall	12	754	116	27:17.9	8:48/M
9	Rebecca Van Hall	White Cloud	14	701	160	31:00.5	10:00/M
10	Melody Perrin	Fremont	13	744	183	34:38.6	11:10/M
11	Lainey Workman	Fremont	11	637	200	39:34.0	12:46/M

Women 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa Morgan	Fremont	19	710	23	20:07.8	6:29/M
2	Hannah Rainey	Newaygo	15	583	25	20:18.3	6:33/M
3	Brooke Wahl	Fremont	15	629	36	21:50.0	7:03/M
4	Colleen Hall	Holton	16	541	50	22:52.9	7:23/M
5	Claire Schaar	Fremont	17	590	52	22:56.1	7:24/M
6	Renee Tardani	Muskegon	17	722	68	24:17.9	7:50/M
7	Samantha Eely	Muskegon	17	529	76	24:28.0	7:54/M
8	Deanna Brassard	Zeeland	18	745	79	24:37.4	7:56/M
9	Brooke Martin	Muskegon	15	683	132	28:33.4	9:13/M
10	Sage Hager	Fremont	15	540	136	28:53.5	9:19/M
11	India Hager	Fremont	17	538	137	28:53.6	9:19/M
12	Heather Stovall	Sherman	16	611	182	34:01.4	10:58/M
13	Jennifer Slager	Fremont	16	598	195	37:18.8	12:02/M
14	Tora Hallesy	Mecosta	17	771	201	39:36.1	12:46/M

5 K Run**Female 20 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Devin Van Doornik	Holland	20	743	26	20:20.0	6:34/M
2	Ashley Moon	Fremont	22	746	80	24:40.7	7:57/M
3	Briann Redinger	Newaygo	23	584	133	28:33.9	9:13/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Tracey Slate	Fremont	25	600	27	20:30.4	6:37/M
2	Lacy Shavalier	White Cloud	26	596	55	23:19.3	7:31/M
3	Tanya Miller	Fremont	25	569	110	27:04.8	8:44/M
4	Krista Huls	Shelby	26	740	123	27:52.0	8:59/M
5	Lindsay Christoffersen	Fremont	26	719	125	27:57.9	9:01/M
6	Ashley Baker	Big Rapids	26	772	158	30:43.5	9:55/M
7	Jana Shavalier	Grand Rapids	26	595	168	31:24.6	10:08/M
8	Eileen Vandenberg	Ravenna	27	622	175	33:17.8	10:44/M
9	Beth Myers	Fremont	29	574	177	33:20.2	10:45/M
10	Anne Griffith	Junction City	28	537	188	35:42.9	11:31/M
11	Katelyn Kempf	Fremont	25	773	202	39:37.7	12:47/M
12	Taleah Greve	Montague	29	536	211	51:07.6	16:29/M

Women 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beth DeLong	White Cloud	34	718	34	21:23.3	6:54/M
2	Diane Smith	Howard City	31	749	42	22:15.9	7:11/M
3	Mary Seifferlein	Grand Rapids	32	756	45	22:37.9	7:18/M
4	Donna Hendrie	Fremont	34	544	71	24:19.7	7:51/M
5	Kristen Christoffersen	Fremont	34	517	72	24:21.0	7:51/M
6	Jennifer Johnson	Muskegon	30	692	81	24:51.4	8:01/M
7	Laura Sparks	Hesperia	32	731	103	26:13.9	8:27/M
8	Cari Taylor	Fremont	34	748	106	26:53.3	8:40/M
9	Susan Pell	Howard City	32	729	111	27:07.5	8:45/M
10	Erin Redinger-Rottier	Fremont	30	585	141	29:07.4	9:24/M
11	Jennifer Matz	Muskegon	31	704	145	29:24.1	9:29/M
12	Stephanie Kooistra	Fremont	31	716	151	29:51.3	9:38/M
13	Rebekah Vanden Berg	Belmont	31	687	155	29:58.1	9:40/M
14	Alison Lovell	Grand Rapids	34	712	162	31:01.5	10:00/M
15	Rebecca Robeck	Grant	31	587	165	31:19.0	10:06/M
16	Suzie Grafton	Kalamazoo	30	535	167	31:23.5	10:07/M
17	Brenda Hansen	Muskegon	32	705	169	31:27.7	10:09/M
18	Brooke Manchip	Fremont	31	563	171	32:45.0	10:34/M
19	Melissa Pence	Fremont	31	581	174	33:00.5	10:39/M

5 K Run**Women 30 to 34**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
20	Melissa Callison	Newaygo	33	516	186	34:39.2	11:11/M
21	Kacey Nelson	Fremont	31	576	192	37:08.0	11:59/M
22	Manda Hample	Fremont	32	542	199	39:33.8	12:45/M

Women 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jennifer Stitt	Fremont	38	609	58	23:28.5	7:34/M
2	Veronica Constantine	Nunica	35	521	77	24:28.2	7:54/M
3	Karen Frankhouser	Grand Rapids	36	534	97	26:03.9	8:24/M
4	Jennifer McAalister	Grant	37	715	112	27:07.7	8:45/M
5	Jean Knapp	Hesperia	35	726	131	28:30.9	9:12/M
6	Alison Hannahs	White Cloud	38	684	180	33:59.1	10:58/M
7	Kelly Henderson	Fremont	38	543	187	35:13.1	11:22/M
8	Joy Hoogerhyde	Allendale	38	545	190	36:46.6	11:52/M
9	Janet Wilks	Newaygo	39	711	191	36:53.9	11:54/M
10	Julie Anderson	Hesperia	36	505	197	38:43.2	12:29/M

Women 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rhonda Byrne	Fremont	44	513	90	25:42.0	8:17/M
2	Leanne Roesler	Fremont	40	767	118	27:26.3	8:51/M
3	Tammy David	Clare	42	524	144	29:22.4	9:28/M
4	Dawn Clark	Spring Lake	44	518	164	31:12.2	10:04/M
5	Paula Stovall	Sherman	43	613	166	31:19.4	10:06/M
6	Julie Sidlauskas	Fremont	44	597	170	31:37.1	10:12/M
7	Caryn Kersey	Caledonia	44	556	178	33:21.4	10:45/M
8	Shelly Moon	Fremont	40	573	179	33:23.0	10:46/M
9	Tracey Vogel	Stanwood	43	627	203	40:12.0	12:58/M

Women 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Renee Vanden Bosch	Muskegon	49	621	117	27:24.5	8:50/M
2	Kathleen Tardani	Muskegon	48	723	138	28:56.9	9:20/M
3	Leigh Van Doornik	Holland	49	742	156	30:24.5	9:48/M
4	Linda Ackerman	Fremont	45	504	172	32:56.3	10:37/M
5	Cindy Nienhuis	Holland	48	577	207	40:36.3	13:06/M

5 K Run**Women 50 to 54**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Carrie Van Boven	Fremont	50	618	115	27:15.0	8:47/M
2	Melissa Yell	Hesperia	52	736	154	29:55.6	9:39/M
3	Nancy Van Hall	White Cloud	50	702	210	47:20.9	15:16/M

Women 55 to 59

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Susanne Jordan	Fremont	57	554	143	29:12.3	9:25/M
2	Patti Duflo	Newaygo	57	528	147	29:37.9	9:33/M
3	Nona Passage	Fremont	56	579	181	33:59.4	10:58/M
4	Paula Pranger	White Cloud	57	582	189	36:33.7	11:47/M
5	Charlotte Abbott	Fremont	56	501	205	40:27.4	13:03/M
6	Jolyn Kempf	Fremont	58	774	212	1:02:04.5	20:01/M

Female 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mary Kay Van Lente	Muskegon	64	619	157	30:40.2	9:54/M

Female 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Glenda Borowski	Muskegon	68	507	196	37:21.8	12:03/M
2	Donna Deweerd	Hudsonville	65	526	209	41:40.9	13:26/M

5 K Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Alex Wilson	Kent City	20	633	1	15:04.8	4:52/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jim Lanciaux	Fremont	50	561	9	17:47.2	5:44/M

5 K Run**Male 1 to 10**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Nathan Walker	Fremont	8	632	40	22:04.0	7:07/M
2	Carter Moon	Fremont	10	571	126	28:12.3	9:06/M
3	Cooper Sorsen	Newaygo	7	758	140	29:01.2	9:22/M
4	Eli Kersey	Caledonia	9	557	159	30:45.8	9:55/M
5	Cody Moon	Fremont	10	572	176	33:20.1	10:45/M

Male 11 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Samuel Stitt	Fremont	13	610	14	19:20.8	6:14/M
2	Lucas Johnson	Fremont	11	551	53	22:58.1	7:25/M
3	Spencer Stovall	Sherman	14	614	75	24:25.7	7:53/M
4	Sam Kaastra	Fremont	14	679	87	25:15.6	8:09/M
5	Benjamin Deweerd	Hudsonville	11	525	119	27:27.8	8:51/M
6	Dominick Byrne	Fremont	12	512	120	27:33.0	8:53/M
7	Wyatt Kaastra	Fremont	11	680	124	27:55.5	9:00/M
8	Chase Sidlauskas	Fremont	12	737	153	29:54.0	9:39/M
9	Doug Rainey	Newaygo	11	720	173	32:58.7	10:38/M

Men 15 to 19

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Will Wilson	Kent City	16	636	2	16:13.0	5:14/M
2	Jeff Cherry	Fremont	18	730	3	16:30.7	5:19/M
3	Nick Vander Kooi	Fremont	17	623	4	16:32.8	5:20/M
4	Damien Halverson	Hesperia	15	759	7	17:26.2	5:37/M
5	Max Smith	Newaygo	15	603	10	17:57.3	5:47/M
6	Brode Breuker	Fremont	15	509	11	18:52.8	6:05/M
7	Sam Schurkamp	Grand Haven	17	593	12	19:14.4	6:12/M
8	Jon Castle	White Cloud	16	760	13	19:17.7	6:13/M
9	Tommy Jewett	Fremont	19	549	21	20:06.4	6:29/M
10	Joshua Clark	Fremont	17	676	28	20:33.1	6:38/M
11	Curtis Jewett	Fremont	15	548	31	20:57.1	6:45/M
12	Xavier Castilla		18	677	33	21:18.9	6:52/M
13	Brandon Snippe	Fremont	15	604	37	21:50.5	7:03/M
14	Austin Nicholas	Fremont	15	686	47	22:45.4	7:20/M
15	Aj Reinhold	Holton	19	685	49	22:52.6	7:23/M
16	Dan Pearce	Fremont	15	580	99	26:11.7	8:27/M

5 K Run**Male 20 to 24**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Michael Gibbons	Livonia	22	709	5	16:51.2	5:26/M
2	Nathan Jennings	Sand Lake	24	747	44	22:33.9	7:16/M
3	Jace Kamphorst	Hesperia	22	698	73	24:21.9	7:51/M
4	Jason Ebert	Fremont	23	703	107	26:54.2	8:41/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rob Slate	Fremont	28	599	6	17:13.9	5:33/M
2	Tom King	Manton	26	558	8	17:43.3	5:43/M
3	Grant Swinger	Fremont	28	615	24	20:16.7	6:32/M
4	Doug Knight	Fremont	29	559	69	24:18.5	7:50/M
5	Carie Parks	Fremont	25	739	163	31:06.6	10:02/M
6	Justin Curran	Grant	28	523	208	41:23.6	13:21/M

Men 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ty Manchip	Fremont	32	564	16	19:30.8	6:17/M
2	Gene Barnes	Fremont	34	506	29	20:36.5	6:39/M
3	Curt Smalligan	Big Rapids	30	601	59	23:30.3	7:35/M
4	Mike Swihger	Grand Rapids	30	751	61	23:57.2	7:44/M
5	Eric Roossinck	Fremont	33	588	74	24:24.1	7:52/M
6	Curtis Burr	Whitehall	33	510	94	25:59.3	8:23/M
7	Nate Kooistra	Fremont	32	717	152	29:51.5	9:38/M
8	Joshua Callison	Newaygo	32	514	185	34:39.2	11:11/M
9	Don Nelson	Fremont	34	575	193	37:08.0	11:59/M

Men 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Benji Walker	Fremont	37	630	18	19:37.3	6:20/M
2	Jamie Holcomb	Muskegon	38	721	62	23:58.3	7:44/M
3	Steve Wagenmaker	Fremont	39	628	92	25:46.5	8:19/M
4	John Young	Twin Lake	37	727	100	26:12.4	8:27/M
5	Sam Stitt	Fremont	39	768	101	26:13.2	8:27/M
6	Chris McAlister	Grant	38	714	109	27:03.1	8:44/M
7	Robert Hentschel	Whitehall	36	752	114	27:14.3	8:47/M
8	Jason Seaman	White Cloud	36	594	121	27:34.3	8:54/M
9	Shawn Roth	Howard City	38	689	128	28:20.6	9:08/M
10	Robert Vogel	Stanwood	38	626	204	40:12.2	12:58/M

Age Group Results**5 K Run****Men 40 to 44**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Cliff Somers	Fremont	41	770	15	19:21.1	6:15/M
2	Ty Miller	Fremont	40	570	17	19:35.6	6:19/M
3	Rod Richards	Fremont	42	586	22	20:07.2	6:29/M
4	Donald Snippe	Fremont	41	605	32	21:13.1	6:51/M
5	Dean Johnson	Fremont	44	550	54	22:58.6	7:25/M
6	Matt Feldpausch	White Cloud	41	761	60	23:51.6	7:42/M
7	Dewey Ackerman	Fremont	42	503	82	24:59.4	8:04/M
8	Robert Van Dyken	Byron Center	42	734	86	25:12.1	8:08/M
9	Mitch Veldheer	Holland	42	625	88	25:39.5	8:16/M
10	Jim Ferris	Fremont	41	532	89	25:41.1	8:17/M
11	Kevin Kaastra	Fremont	41	678	91	25:42.8	8:17/M
12	Al Tubbergen	Grand Rapids	43	713	93	25:47.2	8:19/M
13	David Byrne	Fremont	44	511	108	27:02.6	8:43/M
14	Steve Hannahs	White Cloud	40	681	113	27:09.6	8:45/M
15	Matthew Stovall	Sherman	44	612	135	28:47.8	9:17/M

Men 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Mark Hyrns	White Cloud	48	547	30	20:53.4	6:44/M
2	Dennis Clark	Spring Lake	48	519	46	22:40.1	7:19/M
3	David Landheer	Fremont	49	562	57	23:21.4	7:32/M
4	Lindsay Hager	Fremont	47	539	67	24:17.1	7:50/M
5	Curt Emenhiser	Fremont	46	530	84	25:06.3	8:06/M
6	Ron Nienhuis	Holland	49	578	129	28:24.8	9:10/M
7	Bruce Martin	Muskegon	47	565	134	28:35.7	9:13/M
8	Brian Kersey	Caledonia	45	555	161	31:00.7	10:00/M

Men 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	John Adams	Muskegon	51	766	20	19:56.1	6:26/M
2	Chuck Dickinson	Fremont	52	750	38	21:58.1	7:05/M
3	Chris Hudson	Fremont	52	765	39	21:59.4	7:05/M
4	Don Klingel	Grant	52	753	41	22:12.1	7:10/M
5	William Ebert	Fremont	53	700	48	22:50.4	7:22/M
6	Joseph Bauer	Fremont	51	694	70	24:19.1	7:51/M

5 K Run**Men 55 to 59**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Jordan	Fremont	58	553	43	22:32.0	7:16/M
2	Larry Smalligan	Fremont	55	602	95	25:59.7	8:23/M
3	Doug Duflo	Newaygo	59	527	146	29:24.9	9:29/M
4	Joe Moon	Fremont	58	688	149	29:41.3	9:35/M
5	Chuck Yonker	Holland	59	638	194	37:08.8	11:59/M

Male 60 to 64

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Ron Emmorey	Fremont	61	693	64	24:09.3	7:47/M
2	William Hansen	Kennesaw	62	699	83	25:05.6	8:05/M
3	Bud Elve	Newaygo	62	757	142	29:09.6	9:24/M
4	Ken Abbott	Fremont	60	502	206	40:27.6	13:03/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Dave Rottier	Fremont	65	589	66	24:14.9	7:49/M
2	Thomas Schuler	Muskegon	65	591	78	24:29.3	7:54/M
3	Matt Britton	Rothbury	67	641	105	26:32.0	8:34/M
4	David Theule	Ada	67	616	122	27:45.2	8:57/M

Men 70 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Richard Van Lente	Allendale	72	620	198	39:13.3	12:39/M

10 K Run

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Courtney Jones	Fremont	22	708	3	42:24.9	6:50/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Laurel Dawson	Muskegon	56	763	11	47:54.2	7:44/M

10 K Run**Women 15 to 19**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Kayla Deuling	Fremont	18	643	18	54:53.7	8:51/M
2	Kara Deuling	Fremont	17	642	29	1:04:25.4	10:23/M

Female 20 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Jessica Workmans	Grand Haven	23	658	17	54:29.0	8:47/M

Female 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Katie Houston	Fremont	28	741	5	44:59.5	7:15/M
2	Emily Seaman	White Cloud	29	653	23	55:49.6	9:00/M

Women 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Toni Rich	Fremont	30	651	30	1:07:41.6	10:55/M

Women 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Beth Waldo	Stanwood	39	697	20	55:22.1	8:56/M
2	Jill Martin	Muskegon	39	762	24	55:52.2	9:01/M

10 K Run

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Brendan Molony	Kalamazoo	20	707	1	35:35.3	5:44/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Chris Cook	Fremont	41	522	4	43:33.1	7:01/M

10 K Run**Men 14 and Under**

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Justin Threatt	Newaygo	14	655	26	56:40.2	9:08/M
2	Ian Klahre	Fremont	14	649	28	1:02:21.8	10:03/M

Male 25 to 29

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Andy Fry	Grayslake	27	735	9	47:18.4	7:38/M

Men 30 to 34

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Steve Waite	Fremont	33	656	6	46:48.1	7:33/M
2	Matt Courson	Muskegon	33	706	7	46:48.3	7:33/M
3	Marcelo Santana	Newaygo	31	652	8	47:00.7	7:35/M
4	Heath Warren	Grant	32	657	16	53:57.1	8:42/M
5	Casey Sparks	Hesperia	32	732	22	55:44.3	8:59/M

Men 35 to 39

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Bob Bates	Hesperia	39	724	2	37:41.1	6:05/M
2	Matt Grabill	Newaygo	36	646	10	47:32.4	7:40/M
3	Barry Fall	Cadillac	38	696	19	55:22.0	8:56/M
4	Joe Baldes	Fremont	35	640	25	56:07.5	9:03/M

Men 40 to 44

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Arnold Guikema	Ypsilanti	41	647	13	50:47.3	8:11/M
2	Shawn Pfromm	Spring Lake	41	695	21	55:39.3	8:59/M

Men 45 to 49

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	James Doyle	Stanwood	48	644	12	50:25.4	8:08/M
2	Doug Wheater	Fremont	47	728	15	53:11.9	8:35/M

10 K Run

Men 50 to 54

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Larry Alexander	Muskegon	50	639	27	58:17.5	9:24/M
2	Michael Klahre	Fremont	52	650	31	1:11:17.9	11:30/M

Male 65 to 69

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Douglas Kenyon	Ada	69	648	14	50:58.6	8:13/M
2	Glen Sparks	Fremont	65	654	32	1:30:37.3	14:37/M

5K Walk

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Melissa Adams	New Era	26	659	7	54:09.9	17:28/M

Female Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Roxanne Hudson	Fremont	51	669	2	43:22.8	13:59/M

5K Walk

Female 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Danette Doyle	Stanwood	46	662	3	43:41.4	14:05/M
2	Genevieve Hansen	Fremont	60	667	4	47:20.9	15:16/M
3	Rona Eely	Muskegon	47	663	6	53:46.9	17:21/M
4	Katie Malin	Fremont	25	671	8	54:10.1	17:28/M
5	Christina Klahre	Fremont	19	670	9	54:27.0	17:34/M
6	Jennifer Folkema	Fremont	29	664	10	57:35.8	18:35/M
7	Mary Folkema	Fremont	52	665	11	57:41.3	18:36/M
8	Jenifer Witteveen	Fremont	31	675	13	59:43.7	19:16/M
9	Kerrie Welch	White Cloud	47	674	14	59:43.8	19:16/M
10	Kay Allers	White Cloud	57	660	15	1:01:48.4	19:56/M

5K Walk

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Daniel Gibson	Fremont	30	666	5	48:02.0	15:30/M

Male Masters Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Rodney Hudson	Fremont	52	668	1	43:22.4	13:59/M

Age Group Results

5K Walk

Male 0-99

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>
1	Robert Allers	White Cloud	59	661	12	59:43.1	19:16/M